



Permanent Mission of
India
Geneva



Symposium: Yoga for Holistic Health

29 June 2018 (Friday) 1400H-1630H
Executive Board Room, WHO HQs

PROGRAMME

Welcome Remarks: Ambassador Rajiv K. Chander, Permanent Representative of India

Inaugural Remarks: Dr. Soumya Swaminathan, Deputy Director General(P)

Introductory Remarks: Dr Naoko Yamamoto, ADG Health Systems and UHC

Presentation:

- Clinical benefits of using Yoga as part of Minimally Invasive Thoracic Surgery protocol":
Prof Ali Zamir Khan, University of Southampton, United Kingdom

Panel Discussion:

"Yoga as a therapeutic intervention in prevention and management of Mental diseases and NCDs"

- Dr Shekhar Saxena, Director, Mental Health and Substance Abuse, WHO
- Dr Cherian Varghese, Coordinator, Management of Non-Communicable Diseases, WHO
- Dr Zhang Qi: Coordinator, Traditional, Complementary, and Integrative medicine unit, WHO

Discussion Moderated by Dr Geetha Krishnan

Presentation:

- Science of Wellness from Within by Dr Suman Kollipara, President, Peace Tree Innovations Society, Canada

Meditations:

Ancient Yogic Sookshma Self Compassion Meditation for Wellness by Master Sunita